

NorthwesTel

Embrace Life Council Iqittiaqhimalugu Inuuhiq Katimajiit Conseil Saisis la vie

P.O. Box 2259 Igaluit, Nunavut **X0A 0H0**

Phone: (867) 975-3233 Fax: (867) 975-3234 Toll Free: 1-866-804-2782

Email: embracelife@inuusiq.com

Youth Peer Leadership

Isaksimagit Inuusirmi Katujjiqatigiit Embrace Life Council's (IIKELC) Youth Mental Health Peer Leadership Program for 2023 will be open to applicants from ALL Qikiqtani communities. The program will run from November 29 – December 1, 2023 + travel dates, and will take place in Igaluit. Ten (10) youth aged 19-25 will be selected to attend this program, and flights, meals and accommodations will be covered for its duration.

The aim of the Peer Leadership program is to foster youth's confidence in being supportive community members, including how to respond to disclosures of abuse and thoughts of suicide, and how to practice self-care. We are also looking to form connections between youth from across the region and help them to feel more comfortable advocating for services and programs they would like to see in their communities.

During this 3-day program, youth will attend workshops discussing suicide intervention, healthy relationships and the Peer Leadership Mental Health Program, as well as self-care activities and interactive sessions with guest speakers.

Application forms can be filled online in either Inuktitut or English. Forms can also be obtained by contacting Ulliaq Kowmuk at ukowmuk@inuusiq.com. If you do not have access to the Internet, please call 1-866-804-2784. The application deadline extended to October 20, 12pm EST and that it is now open to ALL Qikiqtani communities.

Please do not hesitate to contact us by phone or email if you have any questions, comments, or concerns.

Qujannamiik,

Cecile Guerin **Executive Director**